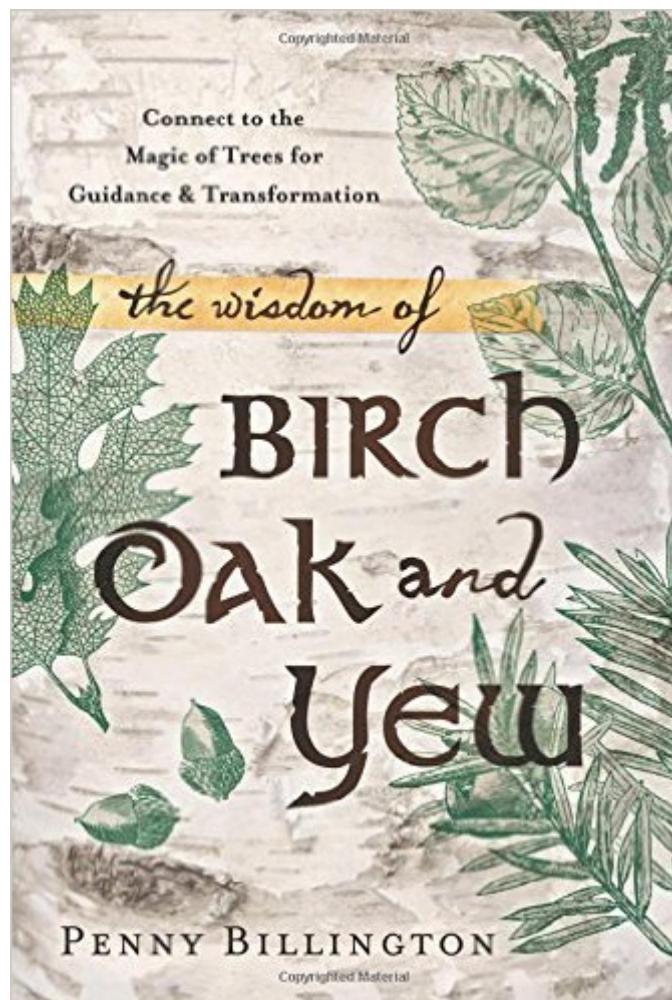


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# The Wisdom Of Birch, Oak, And Yew: Connect To The Magic Of Trees For Guidance & Transformation



## Synopsis

Tune into the wisdom of three trees sacred to Druids—birch, oak, and yew—and use their powerful lessons and natural gifts to transform your life. Written by a Druid with more than twenty years of practical experience, *The Wisdom of Birch, Oak, and Yew* will guide you through a one-of-a-kind journey of magical self-discovery. Its unique invitation: change your perspective by being as a tree—and consider yourself in light of the qualities of our arboreal friends. Engage with the spirit of each tree and explore its relationship to the stages of your life and the rhythm of your days.

Experience within yourself each tree's positive attributes, gain perspective by taking on each tree's role as a witness, and find respite from the frenetic pace of modern life.

Praise: "Wise, inspiring, and entertaining, this is a profoundly practical book about nature's magic and how it supports our personal development. I warmly recommend it." • Dr. William Bloom, author of *The Power of Modern Spirituality* • A very fine book on the deep magic of the trees. Penny Billington shows us how these trees function as guides and initiators, teachers and friends and along the way gives us a first rate introduction to working with the energies of the land to promote healing and new life. • Ian Rees, Psychotherapist, Trainer, and Program Director of the Annwn Foundation

## Book Information

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## Customer Reviews

I don't know about you, but I haven't got time any more for those endless books on recycled occult lore that I devoured in earlier years. I like practical down-to-earth material that actually helps me grow and learn, and that's why I like psychology. But I need magic too - I need to feel I am close to

the Mystery that can never be explained, but which feeds my heart and soul. Along comes Penny Billington's latest book, *The Wisdom of Birch, Oak & Yew*, and here I find both the magic and the practical psychology. This is not a book of rehashed treelore gleaned from other books, but a fresh and innovative approach to working spiritually, emotionally and physically with trees. Penny takes the central Druid idea that trees are our brothers and sisters, a source of great healing and wisdom, and puts this idea to work in our daily lives so that we can start to change, heal and grow. And she starts by inviting us to consider a quotation from Einstein: 'No problem can be solved from the same level of consciousness that created it.' With that as a starting point, we're off on the journey, which Penny suggests can be followed at any pace you like, or perhaps over the course of nine months. The main thing is not to hurry through this book, but to savour it, and above all, to put its ideas into practice, to find the wisdom of Birch, Oak and Yew.

Penny Billington is an active member of the Order of Bards, Ovates, and Druids. She has written this book to share the joy, excitement, and wonder of experiencing three sacred trees directly. It's all part of a nature-based spirituality which embraces the physical world and its gifts. She begins by making it clear that the techniques she is sharing do not rely on calling in external deities or entities. This is inner work which relies on contacting energy within ourselves that resonates with natural energies. She invites us to become a tree and experience its unique powers for ourselves. She is teaching us how to fuel our imaginations so that we can recreate the powerful healing vibrations of these sacred trees within us. But a whole book about just three trees, you query? Yes, says Billington. It's called learning by immersion. Did you know that Birch forges the way using anticipation and intent to change? You might already associate Oak with strength, but do you realize that they do that by inhabiting their space completely and nurturing those around them? Are you aware that the Yew uses its distinction to set boundaries and defends those boundaries with poisonous toxins if necessary? Trees have powerful lifeforce energies and thus have much to teach those who are willing to spend the required time to get to know them. This book is a safe, practical, and intriguing manual for connecting with the power of the natural world. (InannaWorks.com received a free copy of this book.)

Usually any book written by a member of the Order of Bards, Ovates, and Druids is going to contain practical insight. This book does just that. Penny really connects to the wisdom of these trees and explains it in an easy to understand format. I have many books on connecting with trees, but this one is the first that actually made realistic sense to me. She also inputs humor which makes it all the

more enjoyable to read!

This book is a treasure for those whom Nature calls....Nature is a beautiful teacher, guide, mentor and this book helps one to open to receive such insight, such wisdom. One can take their time with this...there is no rush...I recommend this book highly...Ms. Billington shows a deep love and awareness of the wisdom of the Tree Kindred.

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